

# SPORTABLES®



## Nutritional Information and Ingredients

### Nutrition Facts

Serving Size 1 Snack & 1 Drink  
Servings Per Container 8

Amount per Serving		
Calories 130	Calories from fat 0	
		% Daily Value*
Total fat 0g		0%
Saturated fat 0g		0%
Trans fat 0g		0%
Cholesterol 0mg		0%
Sodium 50mg		2%
Potassium 30mg		1%
Total Carbohydrate 32g		11%
Dietary Fiber 0g		
Sugar 30g		
Protein 1g		2%

Vitamin A 35% • Vitamin D 2%  
Vitamin C 115% • Vitamin E 35%  
Vitamin B5 25% • Vitamin B3 25%  
Vitamin B12 4% • Vitamin B6 25%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

### Nutrition Facts

Serving Size 1 Snack & 1 Drink  
Servings Per Container 8

Amount per Serving		
Calories 130	Calories from fat 30	
		% Daily Value*
Total fat 3.5g		5%
Saturated fat 1g		5%
Trans fat 0g		0%
Cholesterol 0mg		0%
Sodium 105mg		4%
Potassium 25mg		1%
Total Carbohydrate 24g		8%
Dietary Fiber 0g		
Sugar 17g		
Protein 2g		3%

Vitamin A 10% • Vitamin D 2%  
Vitamin C 15% • Vitamin E 10%  
Vitamin B5 25% • Vitamin B3 25%  
Vitamin B12 4% • Vitamin B6 25%

Percent Daily Values are based on a 2,000 calories diet. Not a significant source of dietary fiber, or iron. Contains 0% Juice.

### Nutrition Facts

Serving Size 1 Snack & 1 Drink  
Servings Per Container 8

Amount per Serving		
Calories 220	Calories from fat 60	
		% Daily Value*
Total fat 7g		10%
Saturated fat 4g		20%
Trans fat 0g		0%
Cholesterol 0mg		0%
Sodium 85mg		3%
Potassium 25mg		1%
Total Carbohydrate 39g		13%
Dietary Fiber 2g		8%
Sugar 28g		
Protein 2g		3%

Vitamin A 10% • Vitamin D 2%  
Vitamin C 15% • Vitamin E 10%  
Vitamin B5 25% • Vitamin B3 25%  
Vitamin B12 4% • Vitamin B6 25%

Percent Daily Values are based on a 2,000 calories diet. Not a significant source of dietary fiber, or iron. Contains 0% Juice.

#### Fruit Snack Ingredients:

Juice from concentrates, (grape, peach, pear & pineapple), corn syrup, sugar, modified corn starch, fruit puree (grape, apple, strawberry & raspberry) gelatin, citric acid, lactic acid, natural & artificial flavors, coconut oil, carnauba wax, ascorbic acid (vitamin C), {beta carotene (vitamin A), palmitate (vitamin A)}, alpha tocopherol acetate (vitamin E), red 40, blue1, yellow 5 & sodium citrate.

Sport Drink Ingredients: Filtered Water, Crystalline Fructose, Natural Flavor, Citric Acid, Malic Acid, Sodium Benzoate and Potassium Sorbate (preservatives) Potassium Citrate, Ascorbic Acid, Vitamin E Acetate, Niacinamide (B3), Calcium Disodium EDTA, Panthothenic Acid (B5), Vitamin A Palmitate, Cholecalciferol (D3) Pyridoxine Hydrochloride (B6), Cyanocobalamin (B12).

#### Pretzel Sandwich Ingredients:

Pretzels: Unbleached wheat flour, water, malt, canola oil, yeast, soda. Peanut Butter Filling: Peanuts, sugar, monoglyceride, salt. Allergy Information: Processed on equipment that processes dairy products.

Sport Drink Ingredients: Filtered Water, Crystalline Fructose, Natural Flavor, Citric Acid, Malic Acid, Sodium Benzoate and Potassium Sorbate (preservatives) Potassium Citrate, Ascorbic Acid, Vitamin E Acetate, Niacinamide (B3), Calcium Disodium EDTA, Panthothenic Acid (B5), Vitamin A Palmitate, Cholecalciferol (D3) Pyridoxine Hydrochloride (B6), Cyanocobalamin (B12).

#### Chewy Granola Bar Ingredients:

Granola (oats, coconut[sulfite treated to preserve color], brown sugar, palm kernel and soybean oils, corn syrup, honey, soy lecithin, salt, peanuts, almonds, egg whites), corn syrup, chocolate chips (sugar, chocolate, cocoa butter, dextrose, soy lecithin, artificial flavor, milk), crisp rice (rice flour, sugar, whey, salt, malt[malted barley flour, wheat flour, dextrose]), palm kernel and soybean oils, water. Contains 2% or less of each of the following: sorbitol, nonfat dry milk, soy lecithin (emulsifier), salt, carrageenan, sugar.

Sport Drink Ingredients: Filtered Water, Crystalline Fructose, Natural Flavor, Citric Acid, Malic Acid, Sodium Benzoate and Potassium Sorbate (preservatives) Potassium Citrate, Ascorbic Acid, Vitamin E Acetate, Niacinamide (B3), Calcium Disodium EDTA, Panthothenic Acid (B5), Vitamin A Palmitate, Cholecalciferol (D3) Pyridoxine Hydrochloride (B6), Cyanocobalamin (B12).